

YOUR RIGHTS!

A good start to life - provided with things you need to survive and grow, safe water to drink and good food

To enjoy a healthy life, without being treated badly, this includes being bullied, singled out, being harmed or feeling unsafe with someone or something

To have a fair standard of living including a place to live, food and clothing

To have a good education and to learn in many different ways

To be able to meet friends and play safely with good access to play areas if you are disabled

To be listened to seriously and to grow up in your own family, language and religion

To live in a safe home and to be able to take part in things that are happening in your area

You should have all of the above

If you feel you don't, talk to your teacher, an adult you trust or ring

Monmouthshire's Freephone Help Line Number

- 0800 652 4121



For further information please contact Caryl Davies, Children's Involvement Worker, Monmouthshire Children's Partnership –

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